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Every day, the little constant stresses and anxieties leave us feeling unfulfilled, not living the best life possible. But what if the life we want to live is with in our grasp and we don't even know it? Kathleen Hall had a powerful career on Wall Street, a beautiful home, and a physician husband. But under the surface she was miserable, sad, anxious, and hollow. She knew there had to be more meaning to life, and she set out to find it, studying with the Dalai Lama, Thich Nhat Hanh, Desmond Tutu, and others. What she found was that the answers lie in something so simple, we all already have them in our possession. That path is H.O.P.E.: a simple way to live an inspired life in a stress-driven world. Uncommon H.O.P.E. takes the reader through each element of this path to free living: • HONESTY • OPTIMISM • PERSEVERANCE • EN-JOY Uncommon H.O.P.E. is not about giving up our wealth, quitting our jobs, or moving to the mountains. It is a movement to bring the wisdom of conquering stress to our everyday lives, from a person just like us who changed her life and found a way to personal freedom. Discover the power of Uncommon H.O.P.E. today, and live the life you were meant to live. This Teachers' Guide to Wilfred McClay's Land of Hope: An Invitation to the Great American Story will be an invaluable aid to classroom teachers who use Land of Hope as a textbook for courses in United States history. McClay has coauthored the Guide with John McBride, a master teacher with over thirty years of secondary and collegiate teaching experience. The result is an exceptionally rich and useful resource for the enhancement of the classroom experience. Each chapter of Land of Hope has a five-part treatment: a short summation of the chapter's contents, a lengthy set of questions and answers about the text of the chapter, materials that can be deployed in testing or used to sharpen classroom discussion; a set of short objective tests, suitable for quizzes and exams; a primary-source document for class study and analysis; and questions and answers to accompany the document. In addition, there are special units to assist teachers in the giving special coverage to the Declaration of Independence, the Constitution, the Bill of Rights, and the Origins of the Two-Party System. Like Land of Hope itself, these materials are designed to help students come away from the study of the American past with a coherent sense of the larger story, and a sense of history as a profoundly reflective activity, one that goes to the depth of our humanity. Just as simple measures keep your body fit, there are attitudes and skills you can develop to build a healthy mind. In this book two leaders in their fields set out strategies that will stretch, strengthen and tune your mind, to help you cope with the rigours of everyday life. New to this edition are chapters on sexuality, anger in relationships, trauma, dealing with the past and loss and bereavement. Manage Your Mind also includes up-to-date information on how to make decisions, strengthen your memory, stop smoking, sleep better, recover from alcohol abuse, and more. Roughly inspired by the human brain, deep neural networks trained with large amounts of data can solve complex tasks with unprecedented accuracy. This practical book provides an end-to-end guide to TensorFlow, the leading open source software library that helps you build and train neural networks for computer vision, natural language processing (NLP), speech recognition, and general predictive analytics. Authors Tom Hope, Yehezkel Resheff, and Itay Lieder provide a hands-on approach to TensorFlow fundamentals for a broad

technical audience—from data scientists and engineers to students and researchers. You'll begin by working through some basic examples in TensorFlow before diving deeper into topics such as neural network architectures, TensorBoard visualization, TensorFlow abstraction libraries, and multithreaded input pipelines. Once you finish this book, you'll know how to build and deploy production-ready deep learning systems in TensorFlow. Get up and running with TensorFlow, rapidly and painlessly Learn how to use TensorFlow to build deep learning models from the ground up Train popular deep learning models for computer vision and NLP Use extensive abstraction libraries to make development easier and faster Learn how to scale TensorFlow, and use clusters to distribute model training Deploy TensorFlow in a production setting Ripples of Hope is a middle-grade nonfiction project about the United States' election process. You may not have a vote yet, but you do have a voice! In November 2020, one of the most pivotal elections in United States history will take place. The American people will choose our next president—and you have the power to play a major role in that choice. Now more than ever, young people around the world are standing up and speaking out. As President Barack Obama's campaign manager, David Plouffe saw firsthand that nothing is more powerful than young people believing deeply in something. With an expert's overview of the presidential election process and concrete ways to get involved, Ripples of Hope is a book for this generation—impassioned, creative, and ready to make a difference. A very practical study to help you find a healthier mental, emotional and physical life! A fantastic complement to Hope's Journey for self study or small group studies. It's not only for depression but for anyone wanting to lead a great life filled with hope and purpose. HOPE is about healing. Not grief of suffering, but healing. The book examines tough questions surrounding the subject of divine healing (also called miraculous healing) such as: Does God heal today? What does the Bible say about it? Is it always God's will to heal? What if someone isn't healed when I pray? HOPE is about healing. Not grief or suffering, but healing. HOPE examines tough questions surrounding divine/miraculous healing such as: Does God heal today? What does the Bible say about it? What if someone isn't healed when I pray? Spurred by her own, unexpected, healing, HOPE follows the author's journey to understand the topic with well-researched, thoughtful, and encouraging results. In this practical guide to life in recovery, mental health campaigner and survivor Hope Virgo offers practical and emotional support tools for anyone who has had an eating disorder, whatever the type. The book combines her personal experience with her work with parents, patients, educators and health workers. Consultant Psychiatrist Dr Chi-Chi Obuaya lends his clinical experience and knowledge, giving additional guidance and advice throughout. Learn about Hope's story, the myths about eating disorders, and where you may be in your own recovery. Look at the building blocks for a successful recovery, and the situations you may encounter in daily life that will challenge your recovery. Hope unpicks how to cope and learn from these experiences. Finally, she looks at the possibility of relapse, and how to deal with this if it happens to you. Read from beginning to end or dip in and out when you need extra support and help. This is the book Hope wished she'd had when she was fresh out of hospital and entering back into the 'real world'. DIVA leading oncologist demystifies cancer with accurate, accessible, and honest information/div An angel-oriented collection of over 60 self-help practices based on the idea that angels can add a sense of fun, love, and adventure to even the most stressful and fast-paced lifestyle. Angels create miracles, make us happy, enhance our creativity, and bring lightness to life's heavy and difficult problems. Line drawings. This optimistic guide to Ireland at 100 tells our national story through facts and stats, placing Ireland under the microscope to chart 100 achievements of the past 100 years. Ireland remained one of the most poverty-stricken nations in Europe for decades after the State was formed. Yet now, it has the second-highest standard of living in the world. Author Mark Henry has gathered the data to tell an under-told story of our national progress across every aspect of Irish life. He identifies the factors that account for Ireland's extraordinary success, as well as the five most prominent psychological biases that prevent us from recognising how far we have come. He also highlights the greatest challenges that we must now address if we are to continue to progress in the century ahead. While there is still more to be done, In Fact illustrates that Ireland, for all its imperfections, is in a much better state than you might think. IN THIS GUIDE: Two-Sided Foldout Poster, Exclusive Interviews with the Makers of Harvest Moon, Farming Strategies, Complete Mission Guide, and Full Character Information for Creating Friendships. This hardcover Collector's Edition book features a complete Harvest Moon: Light of Hope strategy guide that details missions, farming strategies, and details for befriending every character in the game, along with a 20 year retrospective of the Harvest Moon series of games complete with developer interviews, and a two-sided history of Harvest Moon and Harvest Moon: Light of Hope calendar foldout poster. A Retrospective for Harvest Moon Fans: 20 years of Harvest Moon detailed in art and descriptions illustrating the history and innovations of this groundbreaking video game series. Harvest Moon Personalities Past and Present: Special interviews discussing the legacy of Harvest Moon with the Producer of Harvest Moon: Light of Hope Taka Maekawa and others involved with the series. Exclusive Two-Sided Foldout Poster: A spectacular reference that displays the full timeline for every Harvest Moon game and also catalogs all of the important calendar dates in Harvest Moon: Light of Hope. Don't miss a single important event or birthday! Deluxe Hardcover Book: Printed on premium paper with special cover treatments. Harvest Moon: Light of Hope Strategy Guide Contents: Restore the Lighthouse: Find the Stone Tablets and summon the Harvest Goddess! Be the Most Popular Farmer: A detailed gift giving guide to help you make friends fast! Farming, Mining, and Fishing: Maximize your profits and live off the land! Digital Bonus: Unlock your digital version of the Harvest Moon guide with the free code card included inside. Easily custom-sort crop tables, mining tables, and more using your digital guide. Find exactly what you need with built-in search and return to where you left off using digital bookmarks. Access your digital guide any time, anywhere, on any web-enabled device. Georgia Horton, takes you on a journey that's so familiar to far too many—doing time on the inside. Georgia was once a lifer, who spent twenty-five years behind bars, a woman who has suffered many traumatic experiences since the age of seven. This book helps you to better understand trauma induced circumstances and criminality. The author gives hope to those behind bars and their family members who may have lost hope in seeing their loved one in the free world again or to see a turn-a-round from criminal activity—there is hope. The author has been bent but not broken—shattered but not splintered. While drowning in the sea of despair and hopelessness, Georgia's faith in God became her "Life Jacket." ELEGANT SISTER, WHAT HAPPENED? There Is Hope—A Guide For Healing Broken Woman Behind Bars And In The Free World. This is a must-read book for all who seek to look inside themselves and who are honestly ready to change their life. This book is a mirror of reflections and a catalyst for change. Yes, you can have Hope after Stroke & You Can Get Your Life Back. Stroke affects 800,000 people yearly, but that's just a statistic. Someone you love had a stroke. Right now, you may be desperate for answers as you struggle to understand the confusing maze of medical terms, therapists, and treatments. Do you wish someone would guide and prepare you for what to expect and how to manage the challenges and the uncertainty of what this disability may mean to your relationship and life? Hope After Stroke is like having a personal concierge therapist at your side, clarifying the medical jargon and empowering you each step of the way. You'll discover simple practical tools and strategies you can use in the hospital, upon homecoming, and re-entering your community and workplace. Hope After Stroke will help you find the hope, certainty and resolve needed for recovery. For more than 25 years, Tsgoyna Tanzman has helped 1000's of stroke survivors and their families answer those questions, recover communication skills and find meaning in their lives after stroke. With compassion, humor, and down-to-earth practicality she focuses on positive outcomes, and makes rehab and recovery a truly transformative experience. Her unique blend of skills as a Speech-Language Pathologist, Master Practitioner of Neurolinguistic Programming, and a Life Coach means she utilizes the best practices of the most successful people on the planet. She's assisted survivors at every stage of their recovery and in every environment including hospitals, residential settings, clinics, home care and finally back into the community and workplace. Hope After Stroke is an easy-to-read, essential and evidence-based resource guide along with real-life stories that will help caregivers and stroke survivors get their lives back after stroke. You will discover how to: - Implement simple strategies and routines to develop resourcefulness and the mindset needed for long-term recovery - Establish daily practices to improve memory - Activate and apply the five known qualities successful Thrivers use to recover and find meaning and purpose in their lives after stroke - Reduce or eliminate anxiety without medication - Communicate more easily and effectively even with aphasia - Develop rituals of self-care that are scientifically proven to improve brain function and overall wellbeing - Ask candid questions about sex and seek resources for sexual issues post stroke - Seek and obtain the best rehabilitative services by effectively communicating with insurance providers, doctors and therapists to maximize recovery and much, much more! Hope After Stroke offers numerous tips and tools along with a variety of real-life stories of stroke survivors. If you want to feel hopeful, empowered, and purposeful in achieving the highest level of recovery then buy Hope After Stroke for Caregivers and Survivors: The Holistic Guide to Getting Your Life Back. Scroll to the top and click the "Buy Now" button. Experience the essential truth of the Christian faith as Max Lucado unpacks one of the most beloved scriptures in the entire Bible—John 3:16. Best-selling author Max Lucado leads readers through a word-by-word study of John 3:16, the passage that he calls the "Hope Diamond" of Scripture. Now available in a smaller, more affordable format, the study includes 12 lessons that are designed to work with both the trade book and the DVD for a multi-media experience. Features include: Scripture-focused lessons Interactive questions for reflection and meditation 12 weeks of study Leader's Guide for shepherding small groups (for download online) Designed for use with the 3:16 DVD-Based Small Group Study (ISBN 9781418548940). In gentle, compassionate language, The Needs of the Dying helps us through the last chapter of our lives. Author David Kessler has identified key areas of concern: the need to be treated as a living human being, the need for hope, the need to express emotions, the need to participate in care, the need for honesty, the need for spirituality, and the need to be free of

physical pain. Examining the physical and emotional experiences of life-challenging illnesses, Kessler provides a vocabulary for family members and for the dying that allows them to communicate with doctors, with hospital staff, and with one another, and—at a time when the right words are exceedingly difficult to find—he helps readers find a way to say good-bye. Using comforting and touching stories, he provides information to help us meet the needs of a loved one at this important time in our lives. An up-to-date, informative, and personal discussion of sickle-cell anaemia, this guide provides information on medically proven methods of treatment along with patient vignettes. Written primarily for African Americans, who comprise the majority of the victims of sickle-cell anaemia, this handbook for patients and those who live or work with them examines the complex issues that surround this genetic disease. Advice on dealing with the physical suffering, inability to work, quality of life issues, and premature death that affect sickle-cell patients is offered in layman's terms to aid patients and caregivers in making informed decisions. Celebrated speaker, author, and coach Joe Bakhmoutski uses his lived experience with cancer and mental health struggles to share inspiration and advice on how to thrive despite the setbacks and challenges you might be facing today. From world-renowned scientist Jane Goodall, as seen in the new National Geographic documentary *Jane*, comes a poignant memoir about her spiritual epiphany and an appeal for why everyone can find a reason for hope. Dr. Jane Goodall's revolutionary study of chimpanzees in Tanzania's Gombe preserve forever altered the very, definition of humanity. Now, in a poignant and insightful memoir, Jane Goodall explores her extraordinary life and personal spiritual odyssey, with observations as profound as the knowledge she has brought back from the forest. **NEW YORK TIMES BESTSELLER • Pulitzer Prize–winning author Jon Meacham explores the seven last sayings of Jesus as recorded in the Gospels, combining rich historical and theological insights to reflect on the true heart of the Christian story. For Jon Meacham, as for believers worldwide, the events of Good Friday and Easter reveal essential truths about Christianity. A former vestryman of Trinity Church Wall Street and St. Thomas Church Fifth Avenue, Meacham delves into that intersection of faith and history in this meditation on the seven phrases Jesus spoke from the cross. Beginning with “Father, forgive them, for they do not know what they do” and ending with “Father, into thy hands I commend my spirit,” Meacham captures for the reader how these words epitomize Jesus’s message of love, not hate; grace, not rage; and, rather than vengeance, extraordinary mercy. For each saying, Meacham composes an essay on the origins of Christianity and how Jesus’s final words created a foundation for oral and written traditions that upended the very order of the world. Writing in a tone more intimate than any of his previous works, Jon Meacham returns us to the moment that transformed Jesus from a historical figure into the proclaimed Son of God, worshiped by billions. "An exploration of the global meaning of food and what all of us can do to exercise power over the food industry and, ultimately, our environment"--Provided by the publisher. An inspirational mental health book about hope for women and men--how to look for it, act on it, and build it into a lifelong habit that will allow us to focus on the positives and the possibilities no matter what challenges life throws at us. Author, performer, and activist, Bernadette Russell, has made it her life's mission to teach the practice of hope. Filled with practical exercises, questions to consider, revealing research, timeless philosophy, and tales of triumph over adversity, this uplifting, motivational, and essential toolkit will give you all you need to live and to act with renewed hope for self-compassion and for a more compassionate world. It shows us the places we can look for hope--in nature, art, the kindness of strangers, our own actions--and ways to keep it alive through moments of adversity. It begins with how we find hope in ourselves, and then shines a light on how we can embrace and develop hope in our communities, the wider world, and in our future. How to Be Hopeful makes a wonderful gift for all occasions! Graduation gift Birthday gift Divorce gift for women and men Get well or feel better gift for women and men after surgery Cheer up gift Thinking of you gift Uncover Hope Again in your Life Have you recently failed at something? Have things in your life not gone exactly as planned? Did something that you once believe in so vehemently, recently fall apart? If you've lost that drive inside of you to continue towards something you once desired, fear not. All hope isn't lost. By putting the past into perspective, you can fix your broken heart, mend your clouded mind, and renew your sense of spirit. Many people in life have failed at things before finally succeeding. And, others have failed at things, only to later clear the way for greater opportunities. When God closes one door, he opens up another. Download Have a Little Hope - An Inspirational Guide to Discovering What Hope Is and How to Have More of it in your Life Today Everyone out there in the world has lost hope at one point in their lives. Not all things always go according to plan. That's the beauty of life, believe it or not. And, even when things do fall apart around us, and it creates a tremendous amount of pain, it's there to help us, not hinder us. Your Greatest Failures are your Biggest Blessings In life, your greatest failures are your biggest blessings. You might not realize it at this very moment or at the time when the pain or failure occurs, but that pain and failure is there to help pour a solid foundation for a better life. In this inspirational book on hope, here's exactly what you'll uncover: Discover the meaning of hope in your life by putting things into perspective Find out where hope comes from and how to have more of it in your life 5 steps to altering your beliefs and renewing your sense of hope for the future Hope versus optimism and how to spark a hope revolution to fuel you towards your dreams How to let go of the past by learning from it and moving on to a bigger and brighter future 5 tips for laying the groundwork for more hope in your life right now Ready to Learn More? If you're ready to have more hope in your life today, download this celebrated volume from the Inspirational Books Series, right now. Scroll up and hit the buy now button above From legendary naturalist Jane Goodall, an absorbing fictional tale that will steal hearts and open minds about the plight of the pangolin, the only mammalian species with scales, and endangered by illegal trafficking. After a blissful babyhood being cared for by her loving mother, Pangolina ventures out alone into the forest to become an independent adult, helped along by wise, older animal companions, including a civet and a bat. But one day cruel hunters trap Pangolina, putting her into a cage along with her friends, and bring them to a market to be sold as wild game. Pangolina is especially vulnerable, since her scales are prized by humans who believe they have curative powers. To the rescue comes a small girl who knows that pangolins are friendly fellow creatures who have feelings too, and who convinces her mother to buy Pangolina and set her free. Jane Goodall's many followers and all animal-loving children and adult picture book fans will be riveted by this suspenseful and heartwarming fictional story set in China and including an authoritative informational page about pangolins and suggestions for how to help fight animal trafficking. Study guide for Blessed Hope: The Book of Revelation includes lesson objectives, message outline, study questions, and discussion questions. Suitable for individual or group study. The Complete Guide to Circuit Training is the second edition of the definitive guide to planning and teaching a circuit class. It is the established reference title on the subject for all group exercise instructors, from trainees to the vastly experienced. Circuit training is one of the original forms of group exercise and is still the most popular. From fitness club classes, through sport-specific routines to the use in medical rehabilitation it has a very wide appeal. This new edition has been completely updated to take full account of developments in the area and is now supported with detailed photography. The book comprises four parts: circuit training and its role in fitness planning and teaching session structure working with specific groups. Written by two of the leading authorities on the subject, it is sure to continue as a must-have for all fitness professionals. Formerly published as *Fitness Professionals: Circuit Training*, 2nd edition and now rebranded and in full colour in the Complete Guide series. This book is a life raft in a grief storm. From the first gripping chapter, when Debbie's husband dies expectedly in her arms, she takes readers by the hand and offers them gentle insights for healing and hope, while sharing her powerful story of loss. As a psychotherapist specializing in trauma and grief, Debbie and her wisdom can help you too. Book one in the bestselling series that has captivated millions of readers around the world! A New York Times, USA Today, and Publisher's Weekly bestseller. “Her Mother’s Hope has all the meaty elements of a blockbuster.” —Denver Post The first in a two-book family saga by the beloved author of *Redeeming Love* and *The Masterpiece*, *Her Mother’s Hope* is a rich, moving epic about faith and dreams, heartache and disappointment, and the legacy of love passed down through four generations in one family. Near the turn of the twentieth century, fiery Marta Schneider leaves Switzerland for a better life, determined to fulfill her mother’s hope. Her formative journey takes her through Europe and eventually to Canada, where she meets handsome Niclas Waltert. But nothing has prepared her for the sacrifices she must make for marriage and motherhood as she travels to the Canadian wilderness and then to the dusty Central Valley of California to raise her family. Marta’s hope is to give her children a better life, but experience has taught her that only the strong survive. Her tough love is often misunderstood, especially by her oldest daughter, Hildemara Rose, who craves her mother’s acceptance. Amid the drama of World War II, Hildie falls in love and begins a family of her own. But unexpected and tragic events force mother and daughter to face their own shortcomings and the ever-widening chasm that threatens to separate them forever. “Emotionally rich. . . . As her compelling characters seek to do what they feel their faith demands, Rivers sets their resonant struggles against dusty streets, windswept Canadian plains, and California vineyards in vivid scenes readers will not soon forget.” —Booklist, starred review “Writers like Rivers are why people buy Christian fiction: it’s dramatic, engaging . . . [and] this well-told tale will have readers eagerly awaiting the story’s resolution.” —Publishers Weekly Retells the author's personal battle with cancer, including her implementation of empowered patient care and inspirational thoughts, and guides others with cancer to come to terms with their illness. The Earthshot concept is simple: Urgency + Optimism = Action. We have ten years to turn the tide on the environmental crisis, but we need the world's best solutions and one shared goal - to save our planet. It's not too late, but we need collective action now. The Earthshots are unifying, ambitious goals for our planet which, if achieved by 2030, will improve life for all of us, for the rest of life on Earth, and for generations to come. They are to: · Protect and Restore Nature · Clean our Air · Revive our Oceans · Build a Waste-Free World · Fix our Climate **EARTHSHOT: HOW TO SAVE OUR PLANET** is the first definitive book about how these goals can tackle the**

environmental crisis, from rainforests to coral reefs, via wilderness, cities and in our own homes. It is a critical contribution to the most important story of the decade. The Honeymoon Effect: A state of bliss, passion, energy, and health resulting from a huge love. Your life is so beautiful that you can't wait to get up to start a new day and you thank the Universe that you are alive. Think back on the most spectacular love affair of your life—the Big One that toppled you head over heels. For most, it was a time of heartfelt bliss, robust health, and abundant energy. Life was so beautiful that you couldn't wait to bound out of bed in the morning to experience more Heaven on Earth. It was the Honeymoon Effect that was to last forever. Unfortunately for most, the Honeymoon Effect is frequently short-lived. Imagine what your planetary experience would be like if you could maintain the Honeymoon Effect throughout your whole life. Bruce H. Lipton, Ph.D., bestselling author of *The Biology of Belief*, describes how the Honeymoon Effect was not a chance event or a coincidence, but a personal creation. This book reveals how we manifest the Honeymoon Effect and the reasons why we lose it. This knowledge empowers readers to create the honeymoon experience again, this time in a way that ensures a happily-ever-after relationship that even a Hollywood producer would love. With authority, eloquence, and an easy-to-read style, Lipton covers the influence of quantum physics (good vibrations), biochemistry (love potions), and psychology (the conscious and subconscious minds) in creating and sustaining juicy loving relationships. He also asserts that if we use the 50 trillion cells that live harmoniously in every healthy human body as a model, we can create not just honeymoon relationships for couples but also a "super organism" called humanity that can heal our planet. In *Pursuit of Hope* takes the reader on a quest in search of a more purposeful life amidst the environmental, social, economic and spiritual challenges of the 21st century. A metaphorical journey across seven valleys and seven mountain ranges, this is a do-it-yourself guide for anyone who is seeking greater meaning in life. A companion for each step of the way, this book assists you to ask the right questions and provides you with tools to help you along your journey. While it is impossible to know your ultimate destination and what the future will bring, this book shows that you can make a difference, contributing to change within your own life, the lives of those around you, and the planet as a whole. The inspiring, true coming-of-age story of a ferociously determined young man who, armed only with his intellect and his willpower, fights his way out of despair. In 1993, Cedric Jennings was a bright and ferociously determined honor student at Ballou, a high school in one of Washington D.C.'s most dangerous neighborhoods, where the dropout rate was well into double digits and just 80 students out of more than 1,350 boasted an average of B or better. At Ballou, Cedric had almost no friends. He ate lunch in a classroom most days, plowing through the extra work he asked for, knowing that he was really competing with kids from other, harder schools. Cedric Jennings's driving ambition—which was fully supported by his forceful mother—was to attend a top college. In September 1995, after years of near superhuman dedication, he realized that ambition when he began as a freshman at Brown University. But he didn't leave his struggles behind. He found himself unprepared for college: he struggled to master classwork and fit in with the white upper-class students. Having traveled too far to turn back, Cedric was left to rely on his intelligence and his determination to maintain hope in the unseen—a future of acceptance and reward. In this updated edition, *A Hope in the Unseen* chronicles Cedric's odyssey during his last two years of high school, follows him through his difficult first year at Brown, and tells the story of his subsequent successes in college and the world of work. Eye-opening, sometimes humorous, and often deeply moving, *A Hope in the Unseen* weaves a crucial new thread into the rich and ongoing narrative of the American experience.

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